

The Mastery Club

for real!

Welcome

to the third issue of
The Mastery Club – for real!

This newsletter is quite late because we're in the throes of preparing for the second printing of the book. We've sold out the first print run already (in only four months!), and we're having to call in books that are out on consignment here and there to fill the orders that keep pouring in. We're finding that people will order one copy, then order another for a sibling because the first child doesn't want to share their copy, or even order ten more copies to give away as gifts!

I have also just signed a distribution agreement with Brumby Books, who will be representing *The Mastery Club* to all retail bookstores (and some others/New Age shops) across Australia and New Zealand.

I expect you've been wondering what happened to the Channel 31 interview? We sat down expectantly to watch it on Friday 13 October... and another interview was aired instead! Then we discovered that my interview had been aired the week before. The producer tells me there was a hiccup at the station? and it will be shown again later in the year, but in the meantime we'll look into putting the interview on our website. Someone significant did

THE MENTOR ROLE


Last issue I said we'd have a quick look at 'Nuncle's role', so go to page 4 for some suggestions.

BIG VISION

Mastery Club member Jordi is working on a big dream to travel to Africa with her family. She's been inspired by *The Mastery Club* to make that dream come true, and this is what she's doing about it: This amazing montage is on the ceiling above her bed – her dream is the first thing she sees when she wakes each morning!



"After reading Liliane Grace's book *The Mastery Club* I was inspired to change my life. My latest goal is to go to Africa. I went to travel agents to get brochures on Africa and I just love all the pictures inside them! I see these pictures differently to everyone else because I picture myself in them.

"Since that day when I decided I was going to Africa my life revolves around.... Africa. I get myself in the mood by listening to African music and just picturing my family and me there. If there's a show on TV about Africa I'm watching it. Our house is covered with pictures of Africa and affirmations. They are everywhere! Under the clock, above the TV, on 

happen to watch that first viewing though – more on that later...

I'm continuing to receive more wonderful stories and feedback from people of all ages who are reading *The Mastery Club*. Some of them are included in this issue. So enjoy!

PS. Look out for an email inviting you to celebrate when our second print run returns from the printer! The original launch in mid July 2006 was attended by 150 adults and children, and was a raging success. NLP Master, Marvin Oka gave a riveting talk, teen singing sensation Alannah Weir entertained us, there was a slide show of inspiring stories, and there were lots of great people to meet. So we'll have to do something to celebrate the reprint!

Liliane



the computer, above door handles, on my vision board, on my dad's vision board and even near the toilet paper.

"My family is constantly reminded that we can change everything in our life just by positive thoughts. Talking about vision boards, mine is on my ceiling where I look at it every night before I go to sleep. Such little things make a big difference. *The Mastery Club* has made a big impact on my life and I would like to thank Liliane Grace for inspiring me.

"This time next year I'm going to be in Africa riding elephants and having the time of my life."

Jordan, Age 13

NB. Sometimes it's appropriate to share your dreams, and sometimes not, so do what feels right to you. For more on this look on page 4.

MASTERY CLUBS - FOR REAL!

Last month we featured stories about Verity and Annabelle, who were both inspired to create their own Mastery Clubs. Well, here's some hot news: Verity has led her first meeting already!

"On Monday 16th October I held my first Mastery Club. It was very exciting. Although only two people came for various reasons it was still in my opinion a success."

I asked Verity to share a bit more about her experience, and this is what she said:

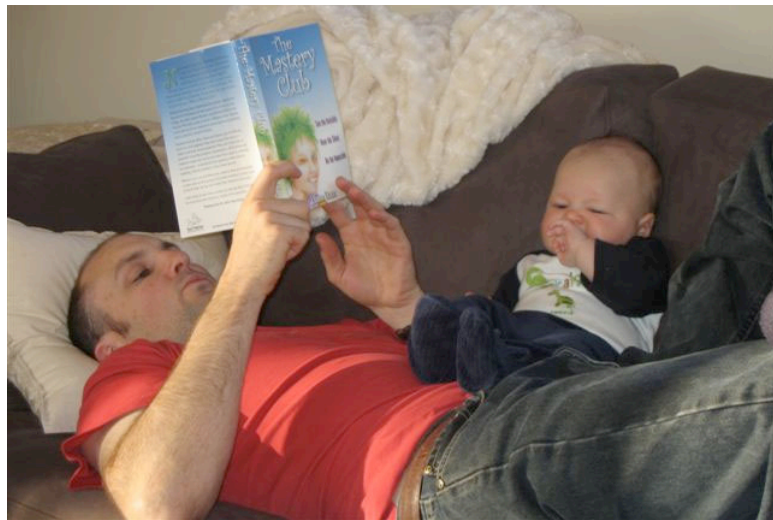
"I got my members from my friendship group but I told them to tell their friends if they would be interested. They haven't read the book but I have told them that they now have to get and read it. (I have talked to Liliane about buying books from her and then selling them to my members.) We simply talked about what they want to do in their life and how they could reach it. We talked about changing their current thought patterns, about getting what they want, and whether they had any other short term goals. We didn't get to 'in-depth' in this meeting as I think I have to keep it fun to keep them interested and happy to keep coming to my meetings.

"To all those kids out there trying to start a Mastery Club, remember to have FUN!"



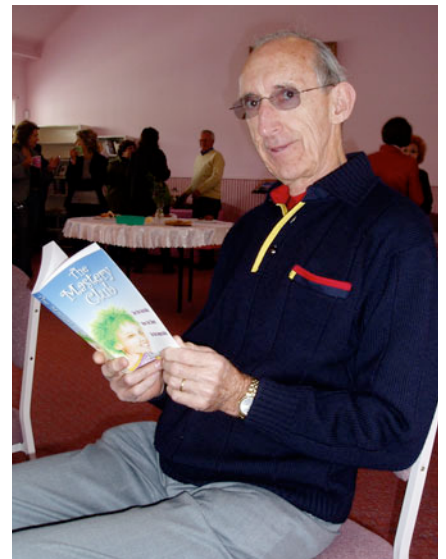
If you'd like to start or join a Mastery Club of your own, contact us at liliane@themasteryclub.com.au or ring 03 9018 9724 and we'll see if we can help to co-ordinate this.

In 2007 we'll have support material available for running your meetings, and sponsorship opportunities for businesses. Classroom curricula coming in 2007 as well, as is the audio book and Nuncle's Game, "Good Stuff, Bad Stuff".
Wow!



WHO'S READING THE MASTERY CLUB?

These pictures should give you an idea: our youngest 'reader' is Marley. His parents, Shane and Nairn, have been reading to him... and he's only two months old! And it seems that this book is appealing to people at the other end of the age spectrum too... here's Chris Laughton getting into his copy.



Remember to
send me YOUR
story 😊

liliane@themasteryclub.com.au

PO Box 2606 Mt Waverley 3149

Ph. 03 9018 9724

Fax 03 8612 3624

MASTERY CLUB RESULTS!

Some members have been using the tools described in *The Mastery Club* and getting some pretty cool results. One 10 year old, who would like to remain anonymous, did some Guided Visualization with her mother about three times in the couple of weeks leading up to her flute exam. Would you like to know how she went?

She achieved an "A", and this was the highest mark of all her teacher's students. To top it off, she told her mother that she wasn't nervous at all, which had been a concern in the weeks leading up to the exam.

Well done!



The Mastery Club

IS FOR
ALL AGES

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THE MENTOR'S ROLE

So! You've decided to start a Club and you're wondering about having an adult mentor. Do you really need someone? If so, how do you find them? What sorts of qualities are you looking for? How involved should he/she be?

Firstly, do you really need someone? When Nina and Natalie started their Club, they just started! So you can get going as soon as you find even one other person who's interested in exploring and applying these ideas. But there is something wonderful about having a mentor, someone who's travelled the path and has some experience applying the principles of creative thought, so when you feel ready, I do recommend that you invite a mentor to join your group.

How do you find that person? Start by asking! Look around the people you know: parents, aunts and uncles, adult friends, teachers, because it's quite likely that you already have someone in your circle of friends and family who would love to support you. I'm a great believer in asking for what you want... But if there's no-one available to you, then I suggest that you make this a Mastery Club project. Where more than one mind is focused on an outcome, it is greatly empowered. Agree on the sorts of qualities you want your mentor to have and then visualise your group meeting with that role filled to the greatest good of all concerned.

What are the sorts of qualities you're looking for? Discuss the kinds of qualities that you think are important: Would you like your mentor to be a good listener? patient and kind? experienced with the principles and practice of creative thought? What other qualities are important to you and your Club members? (PS It's very likely that your mentor will look, sound and behave quite differently from Nuncle, so keep your eyes and ears open!)

How involved should he/she be? Nuncle plays a support role. He's not the leader or organiser of the group, and that's what I recommend. Choose a leader out of your Club members to run your meetings - or take turns at being leader - and call on your mentor for suggestions, listen to their experience, and appreciate their encouragement.

A goal setting tip: When do you share your dreams?

There is a quite a power that builds up when we are concentrating on a goal and not telling anyone. Some people suggest that we should always keep our goals private. Certainly if you think someone is likely to pour cold water on your dreams it's much wiser to keep them to yourselves. But sometimes sharing with like-minded people is just the right thing to do as they encourage and believe in you. You decide.