

# The Mastery Club

**for real!**

## Welcome

to the second issue of  
**The Mastery Club – for real!**

So many wonderful things are happening I hardly know where to start! Firstly, thank you yet again for all the warm and enthusiastic emails and phone messages I'm receiving about how much you're enjoying reading *The Mastery Club* and how much you're getting out of it. I am feeling very honoured and blessed. Lots of people have been asking me when the second book will be available! (The answer is: as soon as I can!)

There has been quite an explosion of interest and ideas from all sorts of people regarding other applications for *The Mastery Club*. The most obvious one is the plan to start up real live Mastery Clubs, and that's what this newsletter is about. I've written a set of guidelines to help you get started, and later we'll make an official and complete version available for downloading.

You probably know that an audio book is being recorded and that I have plans to develop Nuncle's game. But perhaps you haven't yet heard that school principals and teachers have been contacting me, very keen to design classroom activities around *The Mastery Club*. That is under way now. Imagine a classroom of students all supporting each other in visualising and achieving their dream! Wow.

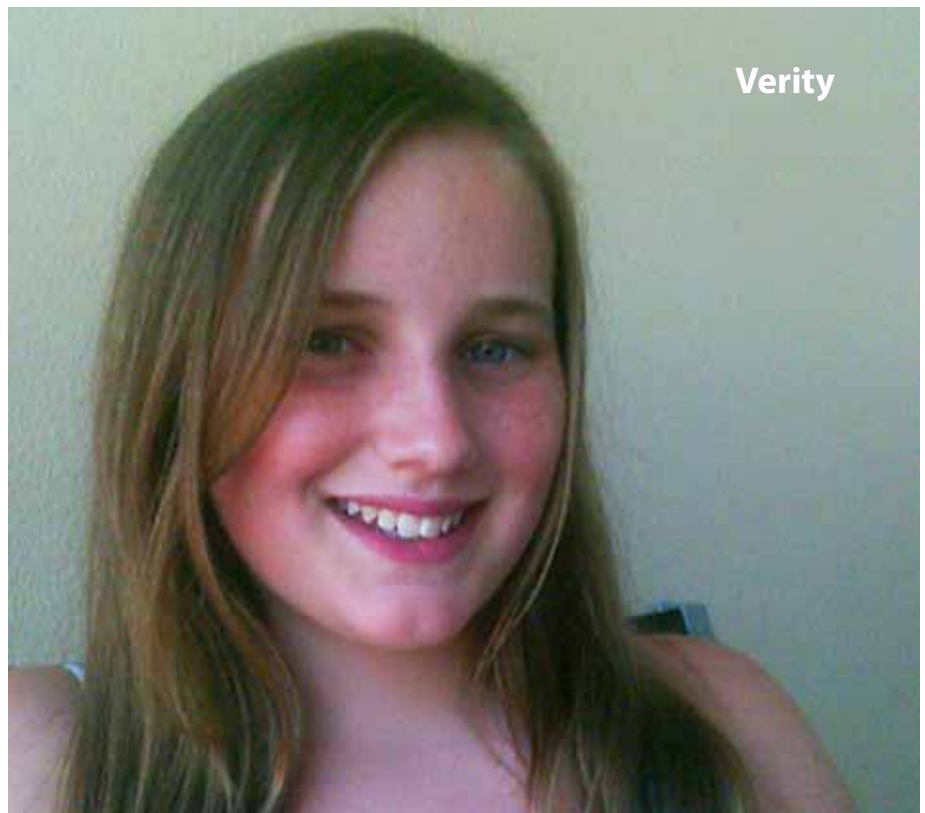
Other ideas include children's picture books, DVDs, TV series, interactive computer games, chat rooms for online Mastery Clubs... the possibilities are endless. I'll be running my first Mastery Club

## **START YOUR OWN MASTERY CLUB!**

Last issue I promised to give you some guidelines for setting up your own Mastery Club. Well, not only do I have some ideas for you, but the universe played a part yet again.

Have a listen to this: Two weeks ago I was invited to be a guest at a seminar called 'Mind and Money Strategies' which was being presented by Life Success Productions (see the back page of my book). Business owner, David Schirmer, introduced my book to the audience, telling them that his own father had become engrossed in the *The Mastery Club* (after being disinterested in adult books with the same ideas).

At the break, two young girls came looking for me to tell me that they'd read *The Mastery Club* and loved it and were planning to start their own Clubs! How was that for divine timing? I was impressed. 12-year old Verity and 14-year old Annabelle share some of their thoughts about what inspires them below.



Verity

**Hi, my name is Verity.**

Earlier this year I attended a seminar teaching about the Laws of The Universe. It was called 'You Were Born Rich'. I bought *The Mastery Club*

Workshop early next year. More information coming!

In October's issue we'll take a look at the adult mentor's role in a Mastery Club, so if you'd love to play Nuncle's role for the young people in your life, stay tuned!

I've been doing some media interviews to get the message out about *The Mastery Club*, so if you have any contacts in who might be able to help with this, please let us know.

Liliane



Look out for  
Liliane's interview  
on the Visions  
program on  
Channel 31  
- coming soon.  
(We'll email you  
with the date.)

and read it the following night and morning and felt just like the main character Nina trying to explain it all to her friends.

I love the idea of presenting inspiring, awesome and motivating information about having whatever you want in life. I get really excited at the prospect of teaching others that anything is possible and that whatever they set out to do in life can be achieved.

I feel that I am in touch with my life purpose - which is to present to people, through seminars, clubs and books, the information which would change their life forever and inspire them to do the very best that they can do.

I am very determined and passionate about what I love. With my passion and determination I believe that I can do whatever I want in life and enjoy it a whole lot more.

**I am starting a Mastery Club** to share with others what I have learnt about how the Law of Attraction can help kids like me believe in the impossible.

I want to talk about The Laws of The Universe openly with my friends without getting laughed at, and to bring this awesome information to more people, especially children.

The thing that inspired me most in the book was Nina's determination to get this information to her friends. I could really relate to her challenges along the way.

The thing I liked most about *The Mastery Club* was that all the challenges that the group of friends faced were like the ones that real kids like me and you have to face, such as bullying, divorced parents, academic challenges and fighting friends.

I plan to tell my friends about it and any other person who may be interested, then after a few meetings at my place we will do what the kids in The Mastery Club did, and swap homes. I will have fun meetings where we will do creative dream boards etc.

### **Verity's Tips for running a Mastery Club:**

- ☺ Have a plan. You don't want to be giving information in the wrong sequence.
- ☺ Let all the members have a part. Leave no-one out. Let everyone ask questions and answer them as a group. Everyone needs to feel important and needed
- ☺ Have FUN! You need to have a very big fun element in this club or the members will get bored and may not come (this is very important).

We learnt in Born Rich that ignorance traps you, so to gain knowledge

Remember to  
send me YOUR  
story 😊

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you communicate and share. Communicating and sharing knowledge is good in Mastery Clubs as we can learn and give knowledge that will help us. When people share their knowledge we all learn more. I am an avid reader and I especially adore reading fantasy adventure books. I love writing epic adventures and creating new worlds and experiences for people to explore. I am writing a fantasy novel at present.

*What a great project, Verity! – LG*

### Hi, I'm Annabelle. Here are my thoughts on Mastery Clubs...

I recently came into contact with *The Mastery Club* through my father, who had met Liliane Grace and bought an autographed copy of the book for me. *The Mastery Club* taught me that through visualisation, coupled with using my imagination, I am able to manifest whatever it is I desire. It also showed me how my dreams can become a reality.

The book highlights the fact that there is a process, beginning with an idea embedded in the spiritual plane, before moving into the



Annabelle



# The Mastery Club

IS FOR  
ALL AGES

*Have YOU read it yet?*

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subconscious and eventually through constructive action manifesting into the physical world. I have now come to realise that bad luck and circumstances do not exist, but they are rather your thoughts and reactions to a situation.

I believe that James Allen summed it up when he said, "The good or bad is not in the circumstance, but only in the mind of those who encounter it."

I now realise that everything in the physical world has first come from the thoughts I have had in my subconscious mind. For me, this is a tremendous revelation, as it means that I have complete control over my entire life. I feel very empowered by this knowledge and it gives me a great sense of self belief and comfort within my self and relationships with others.

I believe that as a group, we can accomplish a lot more than as an individual. In a group, people possess a range of different skills and qualities which can be brought together to create a dynamic and multi skilled team. In a Mastery Club, different peoples skills, life experiences, values, beliefs and ideas all contribute to help one another to further their potential and reach their goals.

This makes the concept of a Mastery Club one which I would be very willing to participate in. One idea about starting a Mastery Club would be to construct a questionnaire which could target people who have read the book and are interested in bringing their ideas together in the form of a Mastery Club.

### **Annabelle's Tips for running a Mastery Club:**

- ☺ Make sure that everybody has a good knowledge of *The Mastery Club* and has read it at least once.
- ☺ Make sure it's fun – that you do fun activities so people keep coming.
- ☺ If you want to make your club bigger, suggest that members each invite a friend.

## LILIANE'S GUIDELINES FOR

# STARTING YOUR OWN CLUB!

The practical factors come first!

Who?

**WHO to invite to your Club?** You might be really enthusiastic; you've read TMC and you're raring to start! But none of your friends have read it or maybe they're just not that enthusiastic. I suggest that you look for kids who are genuinely interested, even if your Club is quite small to begin with. Don't force others or use peer pressure to get them to join your Club because you might find your members dropping out after a while if you do. It's probably worthwhile making a basic rule that new members need to have either read TMC or be in the process of reading it to be eligible to join. (And that goes for your adult mentor as well!) *NB They can buy copies from TMC website or go to their local bookshop and ask for it. The more bookshops that know about TMC, the better!*

How many?

**HOW MANY members should you have?** Nina gathers another four kids; somewhere around that number is probably a good start. Something to consider here is how will you keep up the energy and enthusiasm in the group if some people drop out or are unable to attend a few meetings in a row (for whatever reason). If there are only one or two members left, the whole thing might fall over quite quickly.

Your response

If you're finding it hard to gather enough committed members, maybe that can be your first goal/challenge/project! Remember, too, that leaders have vision that others don't always share. That's why they say that eagles soar alone while geese flock... In other words, is it possible that other kids may not be interested in joining, or even make fun of you for wanting to start a Mastery Club? Absolutely! You can almost count on it. Is it possible that an adult may be negative about your plans? Yep. So remember this Success Tip: *it's not what happens that matters; it's how you RESPOND to what happens that matters.* Your response is always in your hands, and it's your source of power.

Where?

**WHERE to meet?** If you are inspired to gather together a few other young people to get a club started, you'll need your parents' permission, and to agree on a place to hold your meetings. Maybe you'll have one regular meeting place, as the kids do to begin with in *The Mastery Club*, or rotate homes, as they do later.

Leader?

**Who is going to LEAD the meetings?** The two main leaders in *The Mastery Club* are Nina and her uncle, Nuncle! And it's probably a good idea for you to also have a young person as leader, and an adult mentor to call upon from time to time. (Nuncle isn't always present at the meetings, and he certainly doesn't run them. He's a friendly and helpful resource. There'll be more guidelines for the adult mentor next issue.) Leadership is a great skill for all people to develop, so maybe the leadership role can be rotated also.

How to start

**How to START and FINISH your meetings.** Some years ago I was guest at a Salespeople's Breakfast which began with a rousing affirmation that everyone joined in on: "I'm alive, I'm well, and I FEEL GREAT!" We all stood up and called it out vigorously. At the Unity Church, congregants come

& finish

Agreements

WHY?

You can do  
ANYTHING.

WHAT are  
you going  
to do?

So, until the  
next issue -  
ACT ON YOUR  
DREAMS :-)

Liliane

together in a circle at the end of a service and hold hands while they sing a song. Maybe your Club can create its own starting and finishing rituals so that everyone knows when the meeting has officially begun and when it's officially over. That will help people to focus. (How long should the meeting be? That depends on how many members you have and how focused everyone is. An hour is probably a good length of time to allow initially. A set of more detailed guidelines will be available soon that will include a suggested agenda.

Now we need to consider AGREEMENTS. It's really important to have a framework of respect in a Club - respect for each other's ideas and for listening when others are speaking; also respecting confidentiality, which means keeping what members share about their goals, dreams or challenges inside the group. It's also important to remember that when people are being creative, which is what 'mastery clubbing' is all about, criticising ideas can cause them to dry up. So make an agreement to listen with an open mind. Think 'how we can' rather than 'why we can't'.

The first Mastery Club meeting that Nina runs has two main purposes: one is to point out to the group that they each have amazing potential. That's why she arrives at the *See the invisible, hear the silent, do the impossible* motto. See if you can come up with heaps of examples of the amazing things people have achieved. Think about athletes who cherished a dream to win gold at the Olympics since they were children, and singers who were entertaining their families in the kitchen, and business owners who started their first businesses when they were nine years old. Almost anything is possible, and the things that aren't possible (like living on Mars next month) are probably not really that important to you anyway.

That's the key: to come up with a challenge/goal/dream that makes your heart sing. It has to inspire you or you won't be bothered acting on it. Choosing your goal - something you'd each like to create in your life - is the second purpose of your first meeting. Some members will come up with these immediately, while others might take a bit longer, as Natalie did.

There were quite a range of goals, if you think back to the book - everything from passing maths tests to family holidays overseas. The most important ingredients when you're coming up with a goal that will inspire you is that it must be something that is important to YOU and it must be something that YOU can take a first step towards today or tomorrow, whether it's talking to someone, making a phone call or doing some research. There's no point just dreaming up something that would be nice (like having your favourite celebrity invite you out to dinner next week).

You might remember that at times *The Mastery Club* members felt disheartened because they couldn't see proof that their dream was coming true. There'll be more on this in future issues.

Affirmations, visualisation, treasure maps, and taking action are core activities when getting started. You can always pull out your copy of *The Mastery Club* for guidance - and remember about the 10 Lessons Summary at the end of the book. And adults, remember that you can start a Club too! Napoleon Hill, author of *Think and Grow Rich*, calls them 'mastermind groups'.