

The Mastery Club

for real!

Welcome

to the first issue of
The Mastery Club – for real!

Soon after *The Mastery Club* was published, a friend asked me if I was excited about seeing my name on the book, and I had to honestly say that what was more wonderful was receiving all the enthusiastic comments that readers have emailed to me. So... THANK YOU - and keep them coming!

Some of those readers have sent me inspiring stories about how they are applying the Mastery Club Lessons in their lives. You'll find nine year old Kate Dance's story starting on this front page, and the stories of the McRitchie kids, who range in age from 10-14, follow right after.

Next issue we'll give you some guidelines for setting up your own Mastery Club. Do you or your friends have secret dreams? Would you like to create some magic in your life - or help your friends make their dreams come true? Is there a Nuncle in your life - someone who would love to support your club members in achieving their goals? Are you a Nina in disguise? (You don't need to have green hair to be a creative leader!) Stay tuned for some 'How to start your own Club' suggestions next month.

In the meantime, keep those emails coming. I love hearing how you're using these ideas. And if you're experiencing challenges or would like to ask some questions, email us at newsletter@themasteryclub.com.au. You never know who might write back with an answer...

Liliane



HOW KIDS ARE USING THE MASTERY CLUB IN THEIR LIVES!

Kate Dance

Nine year old Kate Dance joined The Club in July. An interesting turn of events resulted in us meeting – the universe playing its part! Here's a photo of Kate and me taken by Trent Smith (who is recording the audio book with me. That's coming soon!).



Kate showed me her 'Record Book for Magic', in which she had listed three goals she was visualising every day. The next thing I knew, I had received this beautiful email about how she is applying the ideas successfully:

I have now finished the book. I have written another goal in My Record Book For Magic. The first one I wrote, was visualising that I have a game called Dynasty Warriors 5 that I can keep. I have achieved that goal now. The second one was visualising that I am rollerblading at Rollercity with my friends. I have achieved that goal now. The third goal was visualising that my Mum, Ben and myself, live in a house with nice



energies and is safe. I am still visualising that one. I am soon going to visualise that I have a friend like Nina, after I have visualised the new house. I didn't want to put the book down. I took it to tennis. While my brother Ben played tennis, I read in the car. That was when I had almost finished it. I want there to be a whole series of stuff like the Mastery Club...

In no time at all, this email arrived:

Hi Liliane

I have achieved another of my visualisations! My Mum found a house with nice energies that is safe for us. I saw Dr. Demartini of The Secret the other day.

Love Kate

I was so inspired by Kate's results that I gave her a ring and asked her some questions...

What did you like most about The Mastery Club?

"I liked Nina coming in. Having her in the book made it actually really interesting because I haven't seen anything like that before. It's a different kind of magic than the type of magic with wands and wizards and all that. I learned a lot from it and I liked how they were really good friends."

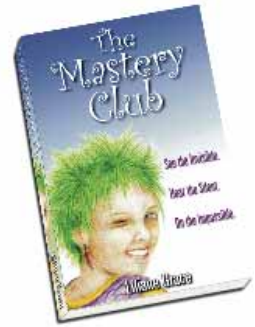
Kate said that when she was visualising the roller skating goal, she had even been imagining where she and her friends would each sit in the car. "It went exactly planned," she said. "It felt like a miracle."

It looks like the goal-setting and the idea of having a Record Book for Magic really appealed to you. Of all the ideas in the book, which ones did you use that helped you to achieve your goals?

"Well, I thought about my goal every night when I was going to bed. 'We're going to get a new house with nice energies, we're going to get a new house with nice energies.' Like that. I wouldn't give up."

How did you feel when your mum found the house only two weeks later?

"It felt like magic. And then I put 'Achieved' and a big



The Mastery Club

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ALL AGES

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months since the
launch. Wow!



Remember to
send me your
stories :-)

Liliane

tick on it. I've got every single goal down except for the one I'm visualising now."

I'm looking forward to Kate's next email! The wonderful thing about this journey, is that as you achieve your smaller goals, you become inspired to imagine bigger goals. Well done, Kate!

The McRitchie Kids

As a home educating family who plan and set goals through visualisation, we have particularly enjoyed reading *The Mastery Club*. It is refreshing to read a personal development book in novel form written for children. We have learnt further how to develop our skills and want to share a couple of our stories to date.

Hi, I'm Haley and I'm 13. Last year my netball team made it to the grand final with a team we had lost to in the previous grand final. I knew as the goal shooter that I had to improve my accuracy. I had recently heard the story about the basketball test where a group practised shooting goals, another group only visualised shooting goals and the other group did nothing. Knowing the results of the visualising group was almost as good as the practising group, that is what I did for the week leading up to the grand final.

In the game we played very well and were even all the way. In the final 20 seconds I had the ball; this was my moment. The whole stadium, I found out later, was holding their breath, but I shot the goal with total conviction that it would go in cleanly, and that is exactly what it did! Mum asked me how I felt at that moment with all the pressure. I answered, "Calm and relaxed. I knew it would go in!"

Hamish and Angus here now, we are 12 and 10. We love playing football and we decided at the end of the footy season last year to improve on our 2005 vote count results.

To achieve this we decorated our bedroom at the end of the season with all our footy photos and posters of our footy idols, and our past trophies and medals. We then trained throughout summer, running on the oval, as stamina was our weakness! We practised our overhead marking and visualised making our speeches with our trophies in our hands. When we went to bed, we would talk about how we were going and coach each other on what we needed to work on, particularly the nights before and after the game.

Last week was end of season vote count and we both came home very happy, having completed our task.

Lachlan here now. I am 14 and want to tell you about our dog Fergus. I have wanted a dog for a very long time. It was something that I couldn't make happen on my own, I had to get the family used to the idea and get them to come around to thinking it was their idea! I have had rabbits for a long time but you can't take rabbits for a walk. As I grew older Mum and Dad came around to the idea of a dog, but there was a strong criteria!! Over time I would point out dogs I liked. Border Collies had been in both Mum's and Dad's families when they were younger, I found out. I began to point them out whenever I saw one... We started as a family to talk about what we each wanted in a dog. To see the list you would think it was going to be impossible!! We now have the dog of our dreams; he is a companion to us all, he is quiet, patient, his markings are symmetrical, he rarely barks, is gentle on the garden, loves soccer and football, plays 'fetch' and loves to be trained, isn't a fussy eater, enjoys baths, and swimming. He travels well in the car and is sociable to both people and other dogs. He is amazing and everyone loves him.

A goal setting tip:

Make sure the goals you set are important to YOU, and are not the goals of someone else. Trust what inspires YOU. If it lifts your spirit, it's right for YOU.



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